



And
The 2nd Trauma Program

2008 NATIONAL TRAUMA MEETING
April 24 – 26, 2008

Educational Symposia
April 22-24, 2008

Key Bridge Marriott
1401 Lee Highway
Arlington, Virginia
(703) 524-6400



American Trauma Society
7611 South Osborne Road, Suite 202
Upper Marlboro, MD 20772-2656
Phone: (800) 556-7890 - (301) 574-4300 - Fax: (301) 574-4301
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Fax your Registration Now or Register On-Line
Space is Limited!

This conference is sponsored by the National Highway Traffic Administration.



The 2008 National Trauma Meeting

The 2008 ATS Trauma Conference will feature the Trauma Survivors Network (TSN) and 2nd Trauma programs. Participation will provide you with the skills and materials you need to implement both programs in your hospital. And, if you are affiliated with a hospital that is an ATS institutional member, your registration includes a 1-year license to the TSN interactive website!

The Trauma Survivors Network (TSN):

Great strides have been made to ensure that trauma patients get the best medical and surgical care possible. Now we must also turn our attention to the needs of patients and families as they transition from the hospital to rehabilitation and back into the community. The ATS would like to partner with you and your hospital in providing the services patients and families tell us they need to navigate their stay in the hospital and help them on the road to recovery. When fully implemented in your hospital, the TSN offers:

- A link from the TSN Website to [CarePages[®]](#) to help families communicate with friends and family about their loved one who has been injured
- An [On-line Resource Center](#) where you can learn from the experts about common injuries and how they are treated
- A [Patient/Family Handbook](#) which provides practical information about your trauma center and what to expect in the hours and days after an injury
- A [Peer Visitation Program](#) to link trauma patients with volunteer trauma survivors who have experienced the aftermath of a serious injury and are ready to listen
- [Peer Support Groups](#) to help trauma survivors connect with each other, share their experiences and derive strength, support and inspiration from each other
- The [NextSteps[®]](#) program where trauma survivors work with other trauma survivors and a trained group leader to learn skills and coping strategies to manage life after trauma and improve outcomes as they move down the road to recovery.
- An [On-line Forum](#) where trauma survivors share experiences and provide support to others

The TSN website will also provide you and your colleagues with the tools to efficiently manage these programs in your trauma center *and* develop a network of survivors in your community.

Come to the 2008 Annual Meeting and learn more about the TSN. On Day 1 you will be given an overview of the TSN and the interactive TSN website. Also on Day 1 we will talk about the importance of peer visitation and how to implement a peer visitation program in your hospital. Then on Days 2 and 3 you will be trained in developing and running peer support groups and the NextSteps[®] Program.

2nd Trauma Program:

Giving families 'bad news' is a daily occurrence in a trauma center. How this is done makes a lasting impact on the family. Families are experiencing their worst nightmare. They need attention and information communicated in a compassionate and empathetic manner. Done correctly the family can cope, trust, and will cooperate with the trauma team. Done incorrectly the relationship with the trauma team can become problematic. The 2nd Trauma program offers the tools and best practices on how to deliver bad news properly. The goals of the 2nd Trauma program are simple:

- Understand and respond to the needs of families
- Be more confident interacting with families
- Assist families in decision making for their loved one.

Come to the 2008 Annual Conference and learn more about 2nd Trauma ! This one-half day training will emphasize the principles of 2nd Trauma and provide you with the materials you need to train the staff in your hospital. Registration includes the TSN book, a 4-hour DVD and a syllabus for teaching 2nd Trauma.

We hope you can join us for this groundbreaking conference. You will not be disappointed. You will walk away with the skills and materials you need to take your hospital to the next level in providing the services patients and their families need and want!



ATS COURSES, SEMINARS & BUSINESS MEETINGS

Tuesday, April 22, 2008

7:45 a.m. - 5:00 p.m. ATS Trauma Register Course - Basic 2 Days
7:30 a.m. - 5:00 p.m. ATS Trauma Coordinator Core Course – 2 Days

Wednesday, April 23, 2008

7:45 a.m.- 5:00 p.m. ATS Trauma Register Course - Basic
7:45 a.m. - 5:00 p.m. ATS Trauma Register Course - Advanced
7:30 a.m. - 5:00 p.m. ATS Trauma Coordinator Core Course
1:00 p.m. – 6:00 p.m. ATS Board of Directors Meeting

Thursday, April 24, 2008

7:45 a.m. – 12:00 p.m. ATS Trauma Register Course - Advanced
8:00 a.m. – 7:00 p.m. ATS General Session
1:00 p.m. – 5:30 p.m. ATS Trauma Registrar Seminar
6:00 p.m. – 7:00 p.m. Reception / Networking

Friday, April 25, 2008

8:00 a.m. – 7:00 p.m. ATS General Session

Saturday, April 26, 2008

8:00 a.m. – 3:00 p.m. ATS General Session

Trauma Register Course

Basic Course

April 22nd & 23rd 7:45 a.m.- 5:00p.m.

Advanced Course

April 23rd 7:45 a.m. – 6:00 p.m.

April 24th 7:45 a.m. – 12:00 p.m.

Trauma Registrar Seminar

April 24th 1:00 p.m. – 5:30 p.m.

Trauma Coordinator Course

Core Course

April 22nd & 23rd 7:30 a.m.- 5:00 p.m.



TRAUMA MEETING AGENDA

Thursday, April 24, 2008

- 7:30 am **Registration**
- 8:00 am – 8:30 am **Introduction to the Trauma Survivors Network**
- Describe the Motivation for And Components of the TSN
Speaker: Ellen J. MacKenzie, Ph.D.
- 8:30 – 8:45 **Introduction to 2nd Trauma**
- Describe the Components of the 2nd Trauma Program
Speaker: Harry Teter, Executive Director
- 8:45 am – 9:30 am **Why is 2nd Trauma Important ?**
- Panel: James Scott, MD, Jackie McQuay, R.N., Hal Lipton, MSW, Harry Teter, Executive Director*
- 9:30 am – 10:30 am **The 2nd Trauma Program**
- Demonstration of the 2nd Trauma Program presentation
Speaker: Marc A. Levison, MD,
- 10:30 am – 10:45 am **Break**
- 10:45 am – 11:30 am **Implementing 2nd Trauma in Your Hospital**
- Introducing the Principles of 2nd Trauma in One Hour
 - Effective Use of Case Studies
Speakers: Marc A. Levison, MD, Stephen T. Wegener, PhD, ABPP
- 11:30 am – 12:15 pm **2nd Trauma: Taking Care of You and Your Team**
- Stress Management
 - Caring for team members
Speaker: Stephen T. Wegener, Ph.D., ABPP
- 12:15 pm - 1:30 pm **LUNCHEON and Roundtable Discussions on Trauma Issues**
- Speaker: Fred Bentley*
- 1:30 pm – 2:30 pm **The Principles of Peer Visitation, Peer Support and Self Management**
- Describe the factors influencing functional outcomes and quality of life following an injury
 - Discuss the benefits of peer support, peer visitation and self management
*Speakers: Anna Bradford, MSW
Stephen T. Wegener, PhD, ABPP*



- 2:30 pm – 4:30 pm **The TSN Website: Demonstration**
- Use the TSN website to enroll patients and their families into the TSN
 - Use the TSN website to manage peer visitation, peer support groups and NextSteps classes
- Speaker: Ellen J. MacKenzie, Ph.D.*

- 4:30 pm – 5:00 pm **Panel Discussion: TSN, Its Strategic value**
- Speakers: John Ashworth*

- 6:00 pm – 7:30 pm **Reception and Networking**

Friday, April 25, 2008

- 8:00 am – 10:00 am **Starting a Peer Visitation and Peer Support Program in Your Hospital**
- Organize and facilitate a peer visitation program in your hospital
 - Train trauma survivors how to be effective peer visitors
 - Organize and facilitate a peer support group in your hospital
 - Describe the elements of active listening
- Speaker: Anna Bradford, MSW*

- 10:00 am – 10:15 am **Break**

- 10:15 am – 12:15 pm **NextSteps[®] Program: Leading Session 1**
- Prepare for leading a Next Steps lesson
 - Discuss the principles of self management
 - Describe the course of recovery after a traumatic injury
 - Discuss the benefits of self management for trauma survivors
 - Encourage effective communication and interaction among group participants
- Speaker: Stephen T. Wegener, PhD, ABPP
Dawn Ehde, PhD*

- 12:30 pm – 2:00 pm **LUNCHEON**

- 2:00 pm – 3:15 pm **NextSteps[®] Program: Leading Sessions 2 and 3**
- Turn challenges into goals and use the Confidence Scale
 - Practice basic relaxation skills and positive imagery
 - Apply problem solving skills to promote healthy habits
 - Cultivate active participants
- Speaker: Stephen T. Wegener, PhD, ABPP
Dawn Ehde, PhD*

- 3:15 pm – 3:30 pm **Break**



3:30 pm – 5:30 pm

NextSteps[®] Program: Leading Sessions 4 and 5

- Describe the range of psychological reactions that people have after a traumatic injury, including the warning signs of depression
- Discuss the concept of resilience
- List four ways to promote positive mood and protect against distress
- Discuss how one knows when to refer participants for additional help

*Speaker: Stephen T. Wegener, PhD, ABPP
Dawn Ehde, PhD*

Saturday, April 26, 2008

8:00 am – 10:00 am

NextSteps[®] Program: Leading Sessions 6 and 7

- Describe how to manage avoidance through gradual practice
- Teach basic communications skills
- Discuss how to respect privacy among group participants

*Speaker: Stephen T. Wegener, PhD, ABPP
Dawn Ehde, PhD*

10:00 am – 10:15 am

Break

10:15 am – 11:30

NextSteps[®] Program: Leading Sessions 8 and 9

- Describe the different types of social support
- Discuss the difference between helpful and unhelpful social behaviors
- Discuss how one should expect and prepare for setbacks in recovery

*Speaker: Stephen T. Wegener, PhD, ABPP
Dawn Ehde, PhD*

11:30 am – 1:00

Box Lunch and Individual Feedback

1:00 – 2:30

Small Group Exercises

- Demonstrate how to manage difficult participants
- Demonstrate how to use active listening skills to facilitate group learning

*Speaker: Stephen T. Wegener, PhD, ABPP
Dawn Ehde, PhD*

2:30 – 3:00

Wrap-up and Closing Activity

- Problem solve aspects of program implementation
- Know who to contact to obtain assistance with program development and implementation

*Speaker: Stephen T. Wegener, PhD, ABPP
Dawn Ehde, PhD*



2008 Trauma Meeting Registration

ATS Trauma Meeting: April 24-26, 2008

- One Day Registration..... \$200.00
- ATS Member: \$550.00 (after 2/15 \$595.00)
- Each additional ATS Member:..... \$360.00 (after 2/15 \$400.00)

- Non-ATS Member:..... \$850.00
- Each additional Non-ATS Member:..... \$650.00

Registration includes:

- o Lunch all 3 days
- o Networking Reception on Day 1
- o TSN Training Manuals and Handbooks
- o 2nd Trauma Book and DVD
- o If you are affiliated with a hospital that is an institutional member of ATS, your registration also includes a 1-year license to the TSN website

**** Registration fees for members until February 15, 2008. Twenty percent additional discount for an ATS member who attended last year. Payment must be processed through the National Office to receive this additional discount. Please call (800) 556-7890**

Educational Symposia

APRIL 22-24, 2008

Trauma Register Course - *Basic*: April 22-23, 2008

- ATS Member:\$340.00
- Non-ATS Member:\$420.00

Trauma Register Course - *Advanced*: April 23-24, 2008

- ATS Member:\$285.00
- Non-ATS Member:\$370.00

Trauma Register – Both Courses – *Basic & Advanced*: April 22-24, 2008

- ATS Member:\$525.00
- Non-ATS Member:\$690.00

Trauma Registrar Council Business Meeting:

- April __, 2008 (4:30p.m. – 5:30 p.m.) Free to all Trauma Registrars



Trauma Registrar Educational Seminar:

April 24, 2008.(1:00 p.m.-5:30 p.m.).....\$100.00

Seminar Agenda:

April 24, 2008

1:00 p.m. - 5:00 p.m.

April Trauma Registrar Educational Seminar

1:00 – 1:45

Trauma Data Innovations and Technology

1:45 – 2:30

Trauma Quality Improvement Project

2:30 – 3:00

National Trauma Data Bank: Update

3:00 – 4:00

Trauma Data Coding Changes:

4:00 – 4:30

National Data Validation Project Results

4:30 – 5:00

Data Validation: Hands on “How To”

Trauma Coordinator Core Course: April 22-23, 2008

ATS Member:\$325.00

Non-ATS Member:\$375.00

REGISTRATION INFORMATION

To register for the conference and other sessions, complete and return the registration form along with a check for the full amount, to the ATS. Please make checks payable to ATS and mail with registration form to: American Trauma Society, 7611 South Osborne Road, Suite 202, Upper Marlboro, MD 20772-2656 OR Call the ATS National Office at **1-800-556-7890**. The registration desk will be open one hour before and during the General Sessions.

REFUNDS

Refund requests must be submitted in writing. Refunds will be made for cancellations through **March 28, 2008**. A \$75 processing fee will apply. No refunds will be made for cancellations received after **March 31, 2008**. Refunds will not be processed until after the conference.

HOTEL ACCOMODATIONS

The 2007 ATS National Trauma Meeting will be held at the Key Bridge Marriott in Arlington, Virginia. The hotel overlooks Washington, D.C. and Georgetown from the Virginia side of the Key Bridge and the Potomac River. The Marriott is eight minutes from National Airport, 25 minutes from Dulles International Airport, 45 minutes from the Baltimore/Washington International Airport, and two blocks from the Rosslyn Station of Washington’s Metro System.

HOTEL RATES & CONTACT INFORMATION

Reservations can be made directly by calling **703-524-6400**. To receive the reduced room rate of \$169 per night, call the Key Bridge Marriott before **April 2, 2008** and inform them that you will be attending the ATS conference. The address is: **Key Bridge Marriott, 1401 Lee Highway, Arlington, VA 22209**.



Invited Faculty

*Fred Bentley
Advisory Board Company
Washington, D.C.*

*Anna Bradford, MSW, LCSW
American Trauma Society
Upper Marlboro, Maryland*

*Dawn Ehde, PhD
Associate Professor
Department of Rehabilitation
University of Washington School of Medicine
Seattle, WA 98104*

*Marc A. Levison, MD
Director of Trauma
9626 East Adobe Drive
Scottsdale, AZ 85255*

*Ellen J. MacKenzie, PhD
President, The American Trauma Society
Fred and Julie Soper Professor & Chair
Department of Health Policy and
Management
Johns Hopkins Bloomberg
School of Public Health
624 North Broadway, Room 482
Baltimore, Maryland 21205*

*Stephen T. Wegener, PhD, ABPP
Associate Professor
Director, Division of Rehabilitation Psychology and Neuropsychology
Department of Physical Medicine and Rehabilitation
Johns Hopkins School of Medicine
Baltimore, Maryland 21287*

*James Scott, MD
Dean, George Washington University
Medical School
Washington, D.C.*

*Harry Teter, Executive Director
American Trauma Society
Upper Marlboro, Maryland*



INVITATION TO JOIN ATS

Yes! I wish to join as an ATS member for one year and take advantage of the discounted rates for members. My membership dues are in the total enclosed.

- \$50 Individual
- \$30 Resident
- \$145 Physician
- \$50 Nurse or EMS Personnel
- \$100 EMS Squad
- \$1,500 Institutional
- \$1,500 Corporate
- \$2,500 Lifetime Member (*One time fee*)

REGISTRATION FORM

Name: _____
(Name will appear on badge)

Title: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Ext _____

E-mail: _____

ATS Membership Number: _____

Total Amount Enclosed: \$ _____ Method of Payment:

Check Enclosed (Payable to the American Trauma Society)

MasterCard#: _____ Exp. Date: _____ 3 Digit Code _____

Visa Account #: _____ Exp. Date: _____ 3 Digit Code _____

Name on Card: _____

Signature: _____